STERNVITAMIN
Micronutrients for a Healthy Life

Sports nutrition & weight wellness

Get inspired by our micronutrient premix solutions





Flyer

Find out why micronutrients, botanicals & more are beneficial for physical performance and weight management



Sports nutrition
& weight wellness

SternEnergize

Premix for pre-workout powders to boost physical and mental performance

YOUR CUSTOMERS' NEEDS:

- Feel powerful and awake in preparation for workout
- Start workout with optimal electrolyte supply
- Products with functional ingredients to combat fatigue, support alertness and maintain high performance

PRODUCT HIGHLIGHTS:

- Natural caffeine from guarana, green coffee beans, and green tea as well as L-tyrosine boost energy and alertness
- B-vitamins, BCAA and caffeine reduce tiredness and fatigue
- L-arginine and l-citrulline enhance vasodilation and increase performance capacity

DEVELOPED FOR PRODUCTS TARGETING:

- Athletes
- Weekend warriors



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SternRecovery

Premix for post-workout powders to promote overall regeneration

YOUR CUSTOMERS' NEEDS:

- Stay healthy after strenuous workouts
- Induce muscle protein synthesis and reduce muscle soreness after exercise
- Products with functional ingredients to support complete recovery from muscles to mind

PRODUCT HIGHLIGHTS:

- Vitamins D, K_2, calcium and magnesium support bone health, while creatine and essential amino acids contribute to muscle protein synthesis
- Reduces muscle soreness through pomegranate, magnesium, as well as L-citrulline and compensates sweat losses of magnesium, chromium, and zinc
- Supports the immune system with essential micronutrients and beta-glucans from yeast, and has antioxidant properties

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SternActive

Premix for instant drink powders for women with an active lifestyle

YOUR CUSTOMERS' NEEDS:

- Maintain mental energy and mind-body balance in stressful situations and everyday life
- Products with functional ingredients to take a proactive and long-term approach to health
- Customized, science-based products for women to help women meet their specific health and lifestyle targets

PRODUCT HIGHLIGHTS:

- Vitamins D, K_2, calcium and magnesium support bone mineral density
- Supports the immune system with essential micronutrients and gut health with green tea, and has antioxidant properties
- Mental energy, cognitive performance and reduction of tiredness through B-vitamins, vitamin C, iron and zinc
- Compensates common deficiencies in women

DEVELOPED FOR PRODUCTS TARGETING:

- Active Woman



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SternWeightWellness

Premix for capsules to support weight management

YOUR CUSTOMERS' NEEDS:

- Improve overall health and wellbeing
- Lose or keep off desired weight
- Science-based products with better-for-you ingredients to improve weight

PRODUCT HIGHLIGHTS:

- Vitamin C inhibits mature adipocyte formation, vitamin B_6 maintains fat-free mass
- L-carnitine and green coffee bean extract, high in chlorogenic acid, support reduction in body weight
- B-vitamins provide mental energy, ashwagandha reduces stress, and fructo-oligosaccharides support a balanced gut microbiota

DEVELOPED FOR PRODUCTS TARGETING:

- Sportspeople
- People focusing on weight management



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SternGaming

Premix for instant drink powders to boost performance and reduce stress

YOUR CUSTOMERS' NEEDS:

- Feel powerful and awake during a contest
- Support long-term health targets relevant for success – like eye, mental and immune health
- Products with functional ingredients to support performance and health

PRODUCT HIGHLIGHTS:

- Mental energy, cognitive performance and reduction of tiredness through vitamins B, C, D, iodine, zinc and natural caffeine
- The combination of l-theanine and caffeine positively affects learning ability and memory
- Ashwagandha and ginseng support stress resistance
- Pantothenic acid improves tear flow and eye moisturization

DEVELOPED FOR PRODUCTS TARGETING:

- Gamers



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Concept Cards

Take a look at our premix solutions to get inspired for your next product development

Sports nutrition & weight wellness



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Presentation

Explore the latest trends, market insights, and scientific findings on micronutrients for physical performance, weight wellness, and an active lifestyle

Sports nutrition & weight wellness

More information

How can we help you?

Please contact us!

www.sternvitamin.com

Headquarter

SternVitamin GmbH & Co. KG
Phone: +49 4102 202-007
Email: info@sternvitamin.com

Kurt-Fischer-Straße 55
22926 Ahrensburg
Germany

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& weight wellness