



Breaking

Fast

Rehydration and replenishing lost nutrients is important during Ramadan

After long hours of fasting during Ramadan, the body is under a dehydrated and tired condition, crying for micronutrients. A refreshing thirst quencher is always in high demand after the breaking of the fast.

STERNVITAMIN

Micronutrients for a Healthy Life

Rehydration/Recovery

Getting hydration message across!

Ramadan is the fasting month for the Muslims when they abstain from all foods and drinks during the daylight hours.

During this period of time, the body can easily dehydrate. Beverage formulations including electrolytes, vitamins and minerals as well as natural ingredients like ginseng and aloe help consumers to recover and rehydrate their body quickly and efficiently.



Functional Ingredients:

- B-vitamins to provide instant energy
- Vitamin A, C and E as antioxidant
- Potassium, magnesium, sodium to support hydration
- Zinc and selenium to support the immune system

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