

# Beauty from within

Get inspired by  
our micronutrient  
premix solutions



## True beauty comes from within

Micronutrient premixes for hair, skin, and nail products

**STERNVITAMIN**  
Micronutrients for a Healthy Life



### Folder

Find out how to address the beauty from within trend with micronutrients, botanicals and further functional ingredients

# Beauty from within

### SternGlow

Premix for instant drink supplements to promote glowy skin, shiny hair, and strong nails

**YOUR CUSTOMERS' NEEDS:**

- Feel and look radiant
- Strengthen hair, skin, and nails from inside out

**PRODUCT HIGHLIGHTS:**

- Vitamins C, E, selenium, and coenzyme Q10 protect skin from oxidative damage
- Biotin supports skin and hair health, while selenium supports healthy hair and nails
- Horsetail extract promotes hair and nail strength, along with positive effects on the skin's surface

**DEVELOPED FOR PRODUCTS TARGETING:**

- Women across all age groups
- Men across all age groups



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### SternBeautyGummy

Premix for gummy supplements to nourish hair, skin, and nails

**YOUR CUSTOMERS' NEEDS:**

- Nourish hair, skin, and nails from inside out
- Treat oneself with convenient better-for-you gummies

**PRODUCT HIGHLIGHTS:**

- Biotin supports skin and hair health, while selenium supports healthy hair and nails
- Coenzyme Q10 and lycopene protect from oxidative damage and have been shown to improve skin smoothness and decrease roughness
- Vitamins C, E, and selenium have antioxidative properties

**DEVELOPED FOR PRODUCTS TARGETING:**

- Women across all age groups
- Men across all age groups



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### SternHydroSkin

Premix for capsules to support skin hydration

**YOUR CUSTOMERS' NEEDS:**

- Look and feel healthy thanks to well hydrated skin
- Strengthen skin barrier function to reduce transdermal water loss
- Promote skin elasticity and reduce wrinkles

**PRODUCT HIGHLIGHTS:**

- Vitamin C and D help to maintain the integrity of the skin barrier. Therefore, they help to combat skin dryness
- Vitamin B1 has a stimulating effect on ceramide synthesis, important for a healthy skin barrier
- Hyaluronic acid and pomegranate extract positively affect skin elasticity, hydration, and wrinkles

**DEVELOPED FOR PRODUCTS TARGETING:**

- Women across all age groups
- Men across all age groups



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### SternBeautySleep

Premix for capsules to support sleep and skin renewal

**YOUR CUSTOMERS' NEEDS:**

- Improve sleep wellness with products containing functional ingredients
- Relax and unwind before bed time
- Look radiant after waking up

**PRODUCT HIGHLIGHTS:**

- Zinc, magnesium, calcium and selenium increase the duration of sleep while calcium plays a role in skin cell cycle
- Vitamins C and E as well as zinc reduce UV-induced photoaging
- The combination of valerian, hops and passionflower reduces sleep latency and improves sleep duration

**DEVELOPED FOR PRODUCTS TARGETING:**

- Stressed people
- Women
- Men



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### SternHolisticBeauty

Premix for instant drinks to address the gut-skin-brain axis and support overall wellness

**YOUR CUSTOMERS' NEEDS:**

- Improve overall wellbeing and appearance
- Address skin, gut, and mental health with a single functional product
- Reduce symptoms of anxiety, tension and depression

**PRODUCT HIGHLIGHTS:**

- Vitamin D helps to maintain the integrity of the skin barrier and supports the gut immune system
- Supports the gut microbiota and epidermal barrier integrity through Fructo-oligosaccharides
- Lavender reduces anxiety and stress, pantothenic acid supports mental performance

**DEVELOPED FOR PRODUCTS TARGETING:**

- Women across all age groups
- Men across all age groups



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### SternSolarGuard

Premix for capsules to boost the skin's innate resistance against solar radiation

**YOUR CUSTOMERS' NEEDS:**

- Maintain healthy skin and limit photoaging
- Protect skin from UV-induced oxidative stress and damage
- Reduce susceptibility to sunburn

**PRODUCT HIGHLIGHTS:**

- Vitamins C, E, zinc, and selenium protect the skin from UV-induced oxidative stress
- Vitamins C and E have been shown to protect against UV-induced damage and photoaging
- The combination of citrus flavonoids and rosemary extract may act as a photoprotector

**DEVELOPED FOR PRODUCTS TARGETING:**

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- Men across all age groups



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**Premix solutions**  
 Take a look at our ideas to get inspired for your next product development

**Beauty from within**

**True beauty comes from within**

Micronutrient-fortified products for skin, hair and nails

**STERNVITAMIN**  
Micronutrients for a Healthy Life



## Presentation

Explore the latest trends, market insights and scientific findings on micronutrients for beauty from within products

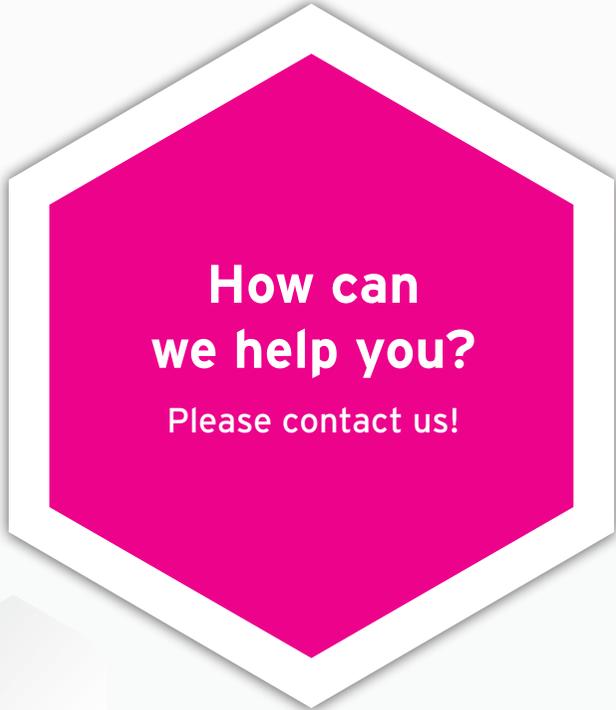
**Beauty from within**



**More information**



**[www.sternvitamin.com](http://www.sternvitamin.com)**



**Headquarter**

SternVitamin GmbH & Co. KG  
Phone: +49 4102 202-007  
Email: [info@sternvitamin.com](mailto:info@sternvitamin.com)

Kurt-Fischer-Straße 55  
22926 Ahrensburg  
Germany

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